



A meditation for Afghanistan given by Archangel Raphael

This is a meditation given by Archangel Raphael that can be done daily to help the Afghanistani people.

The first part of it is about seeing Afghanistan as a country, and then seeing the people within it, and asking that each and every person is surrounded by a light that will penetrate to the deepest parts of their being – a light that will infuse their whole being with a sense of being safe and protected by something bigger than themselves, something bigger that is all-encompassing, that includes them within it.

The second part is about then asking this light to fully be activated within them, to be activated within every cell of them, to be in one way or another infusing every part of their being with this awareness, asking that this light that is all-encompassing to be fully surrounding them, and be deeply embedded into every cell of their body, activating their divine blueprint within them, and fully enabling them to transcend their circumstances. See this being done, and do this daily.

Finally, I want you to offer up a prayer for each and every person in Afghanistan, that they are safe and well, that they are guided to safety, that they are protected from harsh forces around them, that they are kept in a light, jovial mood, and given the protection they need on every level of their being. I also would like you to know that through this something is made possible, something that currently is not possible will be made possible – as the vibration rises of the Afghanistani people, something new will be made possible for them.

May this be, may this be, may this be.

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