



Jabeen



Sarah

To celebrate the launch of NAM (Not just Any Meditation) and GHAEN (ghaen.net) on tour ...

Sarah and Jabeen proudly present a day of healing the divine feminine.

∞ Sunday 25 July 2021 ∞

Honouring July's feast day of Mary Magdalene, we will meditate, heal, and dance our way to reclaim our power, bodies and minds, and celebrate all the wonders of our wonderful divine femininity!

Your Healing the Divine Feminine day will include:

11:00 Gather and greet

11:30 NAM - Bold and Brave practice to reclaim our power

13:00 Lunch

14:00 GHAEN - Archangel Raphael speaking through Jabeen group healing of the divine feminine, with personal message and Q&A

16:30 Cacao ceremony and fire - drink and dance to express your reclaimed, healed and whole wonderful self around the fire (weather permitting)!

17:30 -18:00 close

What to bring: The event will take place outdoors. Please bring blankets and cushions to make yourself comfortable, your journal and wear comfortable clothing. You may also wish to bring drums or other sacred instruments you already own, but this is completely optional. Also bring along those burning questions for Jabeen's Q&A!

Included: Tea, coffee, herbal tea, cacao, vegan lunch (by donation), pre-recorded DJ set (for cacao ceremony)

Cost: £30 + lunch donation

How to book: contact Sarah on 07730 506678 or sarahdutch@hotmail.com