

# The 2012 Talks

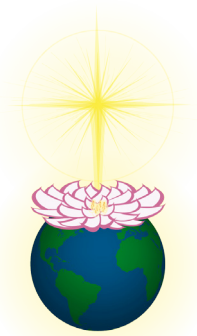
By the White Brethren

26<sup>th</sup> November 2011

Being creators of change  
Returning to our true nature  
Preparations to make now  
Seeing humanities true state of suffering  
Awareness of one's energy levels  
Using time to nourish oneself  
Using the body to create higher energy

Channelled through Jabeen.





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# 2012

*By the White Brethren*

*26<sup>th</sup> November 2011*

**The conscious awareness that you seek** is already here, amongst you. Each one of you sitting here are ambassadors of some sort or another. You must realise that in you already lies the answer for the rest of creation.

You are not alone in your way of thinking that changes are ahead on a big scale, that a massive transition period lies ahead. You see, when the light comes down, in the later half of next year, yes there will be an immediate shift in awareness; however there will be a gradual pervading shifting of awareness. Each one of you will be affected, some more than others I believe. It is I, Michael, speaking. I am aware that the changing reality will come gradually over time.

First of all you will start to feel different internally only. There will not be massive shifts on a global scale that you like to think that will happen. The changes will reach you, first and foremost. You will not feel the same about life in general; there will be a sense of urgency with you about making changes on a large scale, greater than before. You will feel more able to take the initiative, to create these changes, you will feel more alive, more vibrant inside, but you will not see a massive difference in the earthly reality. You see, without vehicles to create changes, nothing happens. Things do not change without people at the forefront of these changes happening. You see, even us, the Archangels and Ascended Masters are limited in what we are able to do when we are not incarnate in a physical body. There must be someone who walks

forward on the earth plane to create these changes that you all hope for inside of you. There have to be people who are sufficiently activated to take the right action. We will give you the cue when to speak, when to stay silent, what to do next, but you have to be the ones who are sufficiently awakened and aware of our presence in order to take the initiative.

We have seen a large number of disappointments over time. In the long run, everything happens as it should do, however in the short run a lot of things don't happen that would benefit mankind. The vehicles of change, i.e. you, need to be sufficiently activated to take enough actions, to keep going forward, not backward, in your awareness; to keep the momentum going. You may launch initiatives of change however you need to be there at the forefront, keeping in mind at all times that there is a presence that is all pervading each and every aspect of consciousness incarnate that maybe attuned to. Inspiration is derived from this source of awareness, no other. It is inspiration from this source of awareness that creates rapid changes on the earth plane. You see, when you are inspired by one another, it creates shifts in awareness, but not as rapid as when you attune to the source itself and take inspiration from this. Then you are guided by something higher, something all pervading that attunes to each and every one of you and you are able to launch initiatives that are more far-reaching. You are not all able to do this to the extent of being leaders. Some of you are here to launch such initiatives and you are all sitting here right now, you are the ones who are able to attune to the higher dimensions of awareness and you must be the ones to go forth and launch these initiatives that will attract many others to them.

You see, not everyone is able, at this point in time, to attune to higher dimensions and they need sources of light on the earth plane to attune to first before they are able to access this energy for themselves. This is the reason why it is so important that you are all activated at this point in time, so you can be bringers of this awareness, so that you can show others the way to attune to higher realms, so that you can bring this light to others when necessary. You no longer have to be hidden away in the background, it is time to come forwards now and show yourselves as you truly are in the fullness of your light. It is time to shine, ambassadors of the light.

I have seen a gradual withdrawal of people who are like-minded to ourselves, of the Brethren, from life because they feel unable to take initiative to make the changes that are necessary. It is perhaps because they are uncertain about how to do this, perhaps it is because they do not have the necessary approval from others around them. Sometimes they are left despondent and alone, like they are not able to create change like other people can. It is necessary at this time to move beyond these previous limitations, these limiting beliefs that you are not worthy to be vehicles of change; that you should stay in the background. It is time to come forwards now, to no longer hide away like you have done and I speak to each one of you in one way or another. Please attune to my energy for details and I will speak to each one of you individually as this talk ends. You will not be left alone without my presence by your side. I wish to drive you forwards now, to move you along on your chosen pathway, to bring to you greater knowledge about what is to happen in the year 2012.

**At first you will not notice a difference at all**, the year will begin as normal and you will not see a sudden change in the pervading consciousness, you will feel the same inside and you will ask everyone around you if they feel any different and they will say they feel exactly the same. Because you will not notice any change instantaneously you will feel deceived that perhaps no change is going to happen however I would like to forewarn you not to fall into this trap because the changes will not happen until the later part of the year, I assure you of this and the change which will come will be as massive as you have hoped for. You know inside that my words are true and you have felt it yourselves, that there is something awaiting you, in the not to distant future. You sense that times will change drastically and you sense that somehow your time is arriving to take action in the world and really make a difference on a large scale.

In the later part of the year, it is then that you will notice a dramatic change in your internal state. You will no longer feel confined in any sense in your earthly lives. You will feel buoyant and vibrant and easily be able to attune to higher dimensions and you will feel able to take action on the earth plane like never before. None of you will have experienced this feeling before, perhaps to some extent, but not to the extent that you will do. The level of pervading light will increase to such an extent that you will easily be able to access it at any point. It will no longer be a struggle to

attune to higher dimensions. You will no longer have to meditate for long periods of time in order to access blissful states. You will start feeling more like your true selves in all ways.

You have been deceived for a number of years, I am speaking about humanity of course, that you are limited beings trapped in a physical body and unable to make a large difference in the world around you. You have been led to believe that certain facets of the personality never die, that you are at the mercy of them. I would like to tell you that your direct experience in the coming year will be quite different to this and you will realise that it is not necessary to feel this way, to feel so disempowered about life. To feel that you are at the mercy of these attributes that you have been told are part of the human condition because actually you are not really this way inclined, you never have been. You gravitate towards truth, towards clear thinking, towards divinely guided action. You gravitate towards one another. You gravitate towards love. All of these things are inherent parts of you that cannot be destroyed. Even when you are struggling inside, you still feel those parts of yourself, do you not? You have an inclination towards love, towards assisting one another.

You see, those parts of you that withhold love are simply crying out for that substance itself. You are not naturally inclined to be deceptive. You are not naturally inclined to be greedy, possessive. You must realise that these facets of the personality have been exploited for a long time now. I wish to reveal to you that it is you who have been deceived into certain ways of thinking, up until now, that you are not pure in your intentions towards the rest of humanity, that you must lie and cheat to make ends meet. Large corporate structures will begin to realise this quite rapidly after the change happens in the later part of the year and they will start to question their ideology. Then you will start noticing that things start to change on the earth plane and you will no longer be deceived by those who try to lie, to cheat you and tell you things that are not true. I am talking about a larger level than personal relationships, I am talking about governmental organisations, structures that affect the rest of humanity and yet have lost the very essence of what it means to be alive in the truest of sense.

**There is another cause of concern** for all of you that I would like to touch on. It is about being sufficiently ready to meet the challenges ahead. Each one of you realises that a certain degree of authenticity is required to be reached by the later



part of next year in order to be of optimal service at this time.

It is no longer necessary to hide your selves from one another. I tell you the time is now to start removing the masks and to start revealing yourselves as you are in both darkness and light. It is time to start becoming all that you hoped for, all that you wish the rest of life would become. It is time to start serving yourselves as you would others. It is time to start remembering everything that you have learned over the previous years and start incorporating it into your daily life-style choices. It is time to start preparing yourselves on all levels for the changes ahead.

It is literally now or never because I tell you at the later part of next year you will no longer have the time to make these changes that you wish for in your lives, in your personal lives. It is time to learn now how to speak more clearly and authentically to others, how to communicate higher concepts to others clearly and articulately. It is time to start remembering everything you have longed for in this incarnation, in your personal lives, to look for soul mate energies to come into your lives so that you can feel sufficiently supported in your earth lives when the changes come. It is necessary for you to do this now because you are the champions of the light, you are the light bringers for others so you must walk clearly in the light now and you must learn to incorporate greater awareness in your actions towards others, right now in this moment and then you will be sufficiently prepared for the later part of next year and you will be able to walk firmly in your true awareness and take appropriate action to assist others.

I would like to tell you that you have enough time to do this and I am not asking you to take action in this moment in assisting others. I would like each one of you to focus solely on yourselves, on your own personal lives for now, not to go looking for new clientele if you are therapists, but to focus on what is before you at present. I would like each one of you to grow stronger in your present day awareness and to incorporate everything you already know. To perhaps go seeking out new teachings that are congruent with what you already know, that take you to another level perhaps.

A lot of the groundwork is already done I believe. There are many people here on the earth plane at present that already display a high level of integrity with their spirit. They make choices in life based on what they are guided to do, they are already sufficiently aligned with light and love energies, with the higher cosmos

and they are already able to impart information, conduct themselves in a manner which is evolutionary for the rest of mankind. It is a case of further grounding this awareness, making it more tangible, making it congruent so that it may infiltrate every area of your lifestyle so that you are no longer at the whim and mercy of negative thought forms, so that you know how to transmute negative energies that come towards you from others. You must learn all these methods if you do not know them presently. You must learn to become masters of your own reality. You must learn to make conscious choices in each and every moment and then you will be empowered human beings who will be able to walk in harmony with the Light at any time.

**I tell you the conditions on earth will improve** in the later part of next year however there will be sufficient challenges to keep you well occupied for the rest of your lifetime here. Do not be deceived that life will change so dramatically, yet I tell you it will on one level because you will feel quite different, like never before, but there will be so much to do and so many different challenges like you have never seen before. There are certain sectors of society who's stress will be revealed like never before and there will be so much to do on the earth plane that you will be kept busy for lifetimes. There has been such a large degree of neglect about the true needs of people, of all sentient beings, for so long now that there is a lot of mess to clear up, there are a lot of people to help. You must realise that in your lifetime a lot will change but there will be more work to do, even after this. So much has happened over the decades, the centuries, it is beyond belief, even to us. You do not presently comprehend how much devastation has occurred on the earth plane due to your actions and you must start clearing up the mess from the later part of next year.

Up until now you have been dealing with small degrees of debris that cause you inconvenience and stress at times, but you have not dealt with the real problem itself as yet, collectively. You have not even approached the subject in governmental organisations. You must understand that people's true needs have been neglected for so many lifetimes now that people incarnate with that already in them, they already feel unloved even before they have had the opportunity to re-experience this in this lifetime. There are so many causes of this. There are so many reasons why people have been trapped in certain scenarios for lifetimes now. You must learn

to understand each and every sentient being individually as well as collectively. You must learn over time to attune to one another with such precision and depth that you may truly understand the path they have walked for lifetimes and in this way you can uncover the true reality of what has happened amongst you. You can learn to understand why society is so fragmented, why certain beings feel so lost, alone and isolated. You must learn to be like detectives at times and uncover the mysteries of life, the greatest mystery, at this time, being the state of humanity.

I would like each one of you to understand that you are all part of the same picture. You are not separate from what has happened and you have each played your part at different points in time. You must understand that the suffering of others is also part of you. I have one more thing to say about this subject, it is not to dwell in darkness and despair, it is to be aware of what is present before you, to see the mass suffering and not hide away from it as you have done in the past, collectively, but neither to make it everything, to put it in the right context. To see it as a part of life, a part of life that needs healing, a part of you that needs compassion and then to focus upon the positive outcomes that can be created when you put your minds together, and your hearts together, of course. It is for you to focus upon positive realities and creating these, however simply be aware of what has happened and why people feel the way that they do in life and in this way you will have the whole picture and you will not simply be do-gooders with no awareness about how other people are feeling, what there true reality actually is.

I would like each one of you to keep your feet on the ground at all times, to stay attuned to each other, not only higher realms. To take inspiration from us, from your own spiritual awareness, from your own connection to the cosmos, but to attune to each other directly and to notice how each other is feeling and make this action appropriate in each moment according to whom you are speaking to. I do not wish for any of you to become so ungrounded by these higher energies that you do not keep your feet on the ground. You must be attuned to both levels of awareness equally, heavenly and earthly energies. You must learn to relate to each other as equals, even when you are attuning to higher dimensions and seeing more. You must treat each other equally because indeed you are and you are each made of the same substance. You each have the same desires within, to be loved, to express yourselves as you are - truly, to serve your divine function here, to know yourselves as part of the light of oneness.

**Your energies have risen quite dramatically over time.** As I have been working with each one of you I have been noticing a difference. How your energies rise when you attune to us, when you are inspired in a certain direction and I have also seen great slumps in your energies when you think about the wrong subjects that do not bring you joy. Become aware now what raises your energies, what keeps them high. Notice the slumps and start to observe your thought forms. Start to notice when it is in the day that you start to feel low. Start to monitor the set of circumstances that lead to these slumps in energy. I am telling you this now so that you may better understand yourselves and start to harness the power within to keep your energies high at all points in time.

If you notice that certain activities lead to slumps in your energy, stay away from them. If you do not like attending talks, do not go to them. If you like going to certain groups, go there. If you then start noticing that you do not feel good around certain people, stay away from them until this changes. You see you must become observers of your own reality and take responsibility for keeping your energies high. I am not talking about avoiding painful situations that need healing within you or around you, I am not talking about this, because you will observe in yourself that even when a situation is painful, if it is necessary you will feel inspired to go in that direction and even the chaos will bring you something positive, energetically. Know the difference between the two scenarios.

Sometimes you are in the company of others and it brings out in you a negative response and you experience it as a healing reaction, then this is good for you to do, to be around these people. At other times you fall into a low energy around certain groups of people and I tell you it is because you have no function there, because you are not able to express yourselves in this group of people. You must seek out circumstances that are conducive to you being yourself as a whole being. You must not sell yourselves short at this point in time. You have all become accustomed to being silent witnesses in life, in your own lives, where you go to work and you are often silent, you sit in groups and you are often silent. You do not express yourselves, as you should, currently. You have been kept curtailed by circumstances in life that do not allow the free expression of the spirit, that constrain it somewhat.

I am not blaming any individual for this occurrence, I would simply like to say that you have become so used to being curtailed in your expression that you see

it as the norm and you must learn to question what you do with your time, how you are feeling inside. Why are you feeling low? It is not normal to feel low all the time. You must learn to do things that uplift your energies, make you feel whole and vibrant, that bring to you nourishment of the spirit, that bring to you a spark of life, of aliveness, of wellness. You must learn to love yourselves as you would another. You must learn to nurture the inner child within that was perhaps not given the nourishment it needed to flourish as it should. You must learn to give yourselves the opportunities you would give your own children if you could. If you wish to learn music, take a lesson. Do not deprive yourself of anything that brings you nourishment at this time. Build yourselves up into vibrant living beings of light so that the Light may flow through you abundantly, so that you feel no lack in your personal lives, so that you feel free within yourselves to express yourselves.

**I would like to say something about using your time well.** At this point in time you are all rich in the time that you have, more so than you will be in the later part of next year. I would like you all to focus upon the time that you have and use it productively, for your healing, your wellbeing, for your internal nourishment. Do not fritter away valuable assets like time. When you have it, use it. I am saying this now because in the later part of next year you will be so busy.

Time is a precious commodity in your world and you do not always use it well and you often spend hours by the television watching cumbersome soap operas or television shows that have no nutritional value in our eyes. It is like eating a plate of chips everyday and spending a large sum of money on the chips and then depriving yourselves of more nutritious foods because you have spent so much money on the chips. It is a waste of your assets. In the same way you must value time and so if you spend two hours watching soap operas and gaining no nourishment of any nutritional value, then you are frittering away what you have in your hands. You must learn to appreciate what you do have. It does not have to be tangible. It is still an asset and you must use it wisely to renew yourselves, to become larger within by incorporating higher energies or expressing yourselves dynamically in life through action you would like to take. You see all these things are worthwhile. They allow you to be yourself in life. They enable you to express who you really are whilst in a physical body.



Time is limited when you are incarnate. Your physical body will not last long in comparison to the rest of time itself, eternity, and so you must learn to use your time well.

Feed yourselves the right foods on all levels. This particular subject is of the utmost relevance to you all now because so many things are happening currently on the earth plane to prepare you all for next year. There are many new workshops happening currently that can bring you healing, relief from aches and pains on the earth plane, I am talking about physical ailments. I would like each one of you to look after yourselves on the earth plane also, not only spiritually. I would like you to harness your inherent power to look after your physical bodies well so that they can last a lifetime without emergency operations, without any artificial implants of any sort. I would like each one of you to start using your physical bodies properly, as they should be used. To learn stretching exercises if necessary, to exercise daily, to eat correctly, to learn how to use what you already have optimally so that you are no longer limited in any sense on the earth plane. I am not speaking about becoming fanatics about the body, about diet and exercise because this is not an attractive characteristic to have when you are doing spiritual work because it does not allow you the flexibility in your regime to do what is necessary at times to assist others. You must not become fanatics; you must simply learn how to look after yourselves as necessary.

Spiritual life is often cumbersome on the physical body because you have to be at the right place at the right time. You are often called to assist when you would rather be doing other things on the earth plane so you must learn to harness your inherent power to create a healthful physical body so that you can do what you need to easily without constraint.

**There is a final matter I wish to touch upon.** It is about using your physical bodies to create higher energies on the earth plane. You see through your body you are able to access higher energies and they are able to flow through you and bring about changes on the earth plane. I would like you to learn about using your subtle energies to raise the consciousness of the earth plane. There are certain activities that enable you to do this - making the best possible use of the energies around so that the light can be magnified, the spiritual light, using your bodies through

movement to create higher energies for others to feed off and using your bodies to exchange energies with others that create oneness on the earth plane, again energies for others to feed off. You must understand that a healthful body can be used to create even more energy for others. Your physical environment responds to your energy and you can implant into it any kind of energy you wish to, so you can move certain objects, place them in certain positions and it will heighten the energy field of the room itself and you can move around it in certain ways, in unison with the spiritual bodies and create even higher energies on the earth plane.

You can respond to other people's energies in a particular kind of way that raises their energy and yours. If you can master the subtle movements of energies on the earth plane, it increases your vitality, life-force energies, and in this way you have a greater presence on the earth plane. It gives you the power to make changes because you feel full and vital, able to speak clearly and express what you have to say, take necessary action because you have enough energy to do so.

There is a distinct lack of understanding between energy and consciousness at the moment on the earth plane. You must understand that as your spiritual energy increases you become more pro-active in the creation of higher energies on the earth plane. When your energies are low, you may feel low in another way, but you are not able to take action easily, others are not able to hear your words and there is a certain lack of grace and congruence in your manner. You must understand that it is necessary to learn to use your body to create a higher energy on the earth plane so that you may be nourished and others may be too, so that they may feel vibrant, like the vibrantly living beings that they really are. And then as consciousness changes, people will feel able to take appropriate action.

# Questions and Answers

**Question** : There is a lot of talk, in certain circles, about DNA and about the tampering of DNA long ago as well as the reconnection of DNA circuitry, energies that can activate and affect our DNA, I was wondering if you have anything to share on that.

**Answer** : I have a lot to share about that subject. I am aware of these so-called DNA activations that are advertised everywhere at the moment and yes some of them do work. It is important to reconnect to all your DNA at this time however I believe that this happens automatically as you reconnect with your authentic self. You see there are many parts of you that have been hidden away for so long now that you have not remembered, up until now, you even had.

There are many ages that have been before this time. The Atlantean age was one of them where people explored DNA substance in-depth and they learnt to understand what it was actually composed of, what did what so to speak. Certain Atlanteans have returned and they have started teaching others about DNA and activating DNA strands within you. They have explored this subject in-depth in past lifetimes and so you must trust their words when they talk about DNA activation however I believe it is also not necessary for all people to explore this area in-depth. You must realise that it is an automatic process, and of course you can assist the process itself by seeking out experts in the area. That is all I have to say for now.

**Question** : There has, until fairly recently, been the assumption that only a small amount of DNA is viable and useful and a huge percentage was considered junk or just not functional. That idea has changed and there is a theory that the 95% or so that is not used are actually capacities, capabilities and aspects of ourselves that allow us to be here in this 3D existence beyond anything that we could related to. The idea being discussed is of us as spiritual beings being in a body and being able to regenerate the body and examples of Ascended Masters who have mastered that and regenerate, renew and repair their bodies demonstrating the capabilities we have in this vast reservoir of DNA that is dormant. I am trying to get a sense



of the truth and reality all of this and how to bring it into human awareness and demonstrate it.

**Answer** : It is a vast area to explore and for you it is an area of interest. I would like to see more of this technology being used to assist others to reawaken dormant parts of themselves so that they may regenerate tissue. Cellular structure responds to what is already in the DNA itself and when certain parts are reactivated they have a corresponding affect on what is around.

It is a difficult subject to touch upon in passing because there is so much knowledge in this area that has already been uncovered in previous ages and so when I speak about the subject there is so much you do not know yet. I cannot even find the correct terminology to express what I know, what I have learnt from all of you that have explored this subject in-depth in previous ages. I will keep it brief and simple, however I would like to say to you that this is your area to learn about in-depth and it is important to remind yourself why you are doing this, so that you can encourage others to heal their physical bodies and not to resort to conventional medicine. You see it is literally a case of mind over matter and in the study of DNA it has already been shown that it is possible to regenerate tissue quite easily when the correct segment is activated. That is all I would like to say.

**Question** : I read a book that Michael channelled some time ago and in it Michael says that this is Lucifer's planet and how the fallen ones are in charge of this planet.

**Answer** : That is complete nonsense. I, Michael, would not have said such a thing because it is simply not true. You are all in charge of this planet and you are not the fallen ones, you are here to raise it up higher and none of you here have caused mischief and chaos to the degree that Lucifer has. There is a particular energy around that is of this origin that causes mischief and chaos on the earth plane and I tell you none of you here are part of it. It perhaps forms a part of you because you have attuned to it in former incarnations, you have been affected by it, but you are not the creators of this energy that come through Lucifer.

There is a certain aspect of consciousness that exists for the purpose of bringing chaos and destruction. I tell you this is the truth. It is also the case that this type

of energy works through conduits, anyone that it can, to create mischief and I tell you it is not a Godly energy, it is the Antichrist and it is an energy that causes destruction whenever it can do and you must attune to only the love in order to conquer it and you must not be brought down by it. You must understand that it is this so that there is balance and harmony on the earth plane in order for you to understand better why you are here on the earth plane, so that you may master yourselves and understand who you truly are. You see there is no other way of learning other than having an opposing energy present that can cause destruction so that you can understand your power to create, so that you may make choices that are for the highest good. You must have another option presented to you. You must have someone who comes to you and says 'why not do this because it may work to your advantage.' You see this energy must be present. I am sorry to disappoint those of you who believe there must only be light, because this is simply not the case and I tell you that everything exists in this world and there is both darkness and light and this will always be the case. It is now the time to decide what you choose. Up until now many of you have chosen darkness over light. You have been deceived by its illusionary power over you and now you must make a different choice as humanity and you must seek out the light and use this to counteract the negative opposing forces.

**Question** : We have heard many things discussed about 2012 recently and much of it is quite a doomsday scenario, saying the earth is going to shift on its axis because the magnetic field is changing and that 70 % of people will pass over fairly quickly in the next few years. What would Michael have to say about that?

**Answer** : Some of that is true, not all of it. Not to the extent that people claim. It is true that certain people will leave the earth plane shortly due to natural disasters that will happen as a consequence of people raising their conscious awareness. You see when people change the earth is also impacted and things start to change, to shift.

The earth will not turn on its axis instantly. It is a gradual change that occurs. It is a reverse in polarity, it is true, but it will happen gradually and 70% of the people will not die, far fewer than that and it will happen gradually over time. People will be relieved to leave their physical bodies when the time arrives because many people

are simply not well equipped to last through the changes. They no longer have a function on the earth plane because they are not able to assist others in any way.

You must understand that the changes will not be as dramatic as people have said on the earth plane, but they will be dramatic inside, perhaps even more dramatic than you imagine. You will feel so many things inside that you have not felt for a long time and you will start to feel and notice the world in a different way to before. You will start to see lights all around you quite readily, you will hear other people's thought forms quite readily, you will develop telepathic communication quite readily, you will hear our words with ease and you will no longer require physical channels. You will simply know that we are present because you will be able to hear us audibly. All this requires a stretch of the imagination whilst you are sitting here and I know that it is hard to believe but it will all start to happen gradually over time.

We are quite audible on another level and when you attune to this level inwardly you can hear our words quite clearly. It is only that there is so much noise to distract you from doing so. You will no longer need to consult experts in order to gain our expertise on different subject matter however certain people will be clearer channels than others and they will be able to communicate a vast amount of information very easily.

**Question** : Can I just ask if you have anything to say about this two earths thing people are talking about, the one earth that will be on a higher dimension and this one on the physical level.

**Answer** : In my eyes there have always been two earths, a higher and a lower one. What you say is a different matter. No the earth will not divide in two. There will not be certain people living in higher hemispheres and others in lower ones. It has always existed that other people live on other dimensions, like ourselves, but certainly there will be no divisions between those who are more dense and those who have lighter bodies. You see many have believed up until now that you will literally leave your physical body when you are ready and not die but simply have a lighter body but this will not be the case because for you to exist on the earth plane you need an earthly body as well as a spiritual one so this will not be the case.